

Seven seasonal suggestions for festive fundraising

Here are just a few ways you can support The Lily Foundation whilst having some fun during the festive season. Your small act of kindness can make a big difference to those affected by mitochondrial disease this Christmas.

Festive fancy dress day

Go crackers with a Christmas fancy dress costume. Choose a day in December and spread some cheer.

Festive clothing

If you don't want to go all out dressed as Santa, a reindeer or an elf, why not pick a day to all wear Christmas jumpers, hats, socks or even pyjamas?

Christmas raffle

Raffle off some festive treats, perhaps even a hamper.

Festive bake off

Who will be the Christmas baking star? Your chance to decide who makes the most impressive Christmas cookies or cupcakes, or perhaps the best-tasting mince pies. And a sale of home-baked goodies is a great way to fundraise with work colleagues or friends.

Christmas karaoke

The perfect way to channel your inner Mariah and Rock Around the Christmas Tree with friends, family or work colleagues.





Christmas crafting

Make decorations, cards, knitted wreaths, garlands or even gifts for loved ones by organising a “crafternoon” or evening with a few festive nibbles.

Christmas wrapped up

Odd-shaped presents? Paper just a bit too small for that gift? Take away some of the Christmas wrapping stress by offering to wrap gifts in return for a donation.

How the money you raise will help support families across the UK:

£5

Helps us to send support leaflets to newly diagnosed patients

£10

Helps people access mito disease information on our website

£25

Helps us fund a medical researcher for one hour

£50

Helps to fund patient access to vital Patient Information Days

£500

Helps to fund our new precision diagnostics genetic testing programme

£10,000

Significantly helps fund a vital research programme into treatment for mito

Paying in your fundraising

Please visit our Christmas Justgiving page to pay in any funds raised. Thank you for supporting The Lily Foundation.

thelilyfoundation.org.uk

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